

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ryckeman Brian

Coaches: Taveirne Bea HEADCOACH

Coaches: Valcke Rik

Coaches: Vercooren cheyenne

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:2, starttime: 14:32
Heat: 2/6 Lane : 8 Athlete: VANDEVIJVERE LARS					Q-time: 01:15:56
PB (25m pool): 01:15.72 Temse 17/11/2025					PB (50m pool): 01:15.56 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.44		01:15.72	
	00:37.44		00:38.28		
					

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16					Heat:3, starttime: 15:06
Heat: 3/4 Lane : 3 Athlete: DEPAEPE ELIZE					Q-time: 00:31:43
PB (25m pool): 00:31.43 Brugge 04/10/2026					PB (50m pool): 00:31.77 SB: 00:31.43 Brugge 04/10/2026
	2 5 M	5 0 M			
PB		00:31.43			
	00:31.43				
					

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16					Heat:3, starttime: 15:06
Heat: 3/4 Lane : 4 Athlete: CLAEYS DITTE					Q-time: 00:30:00
PB (25m pool): 00:30.00 Brugge 04/10/2026					PB (50m pool): 00:30.77 SB: 00:30.00 Brugge 04/10/2026
	2 5 M	5 0 M			
PB		00:30.00			
	00:30.00				
					

Coach feedback:

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Event number: 17: 200M BUTTERFLY MEN 13-14							Heat:2, starttime: 15:13	
Heat: 2/2 Lane : 7 Athlete: DEVOS MATHIS							Q-time: 02:32:64	
PB (25m pool): 02:34.97 Temse 17/11/2025				PB (50m pool): 02:32.64 SB: 02:35.03 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.78		01:14.19		01:54.21		02:34.97
	00:34.78		00:39.41		00:40.02		00:40.76	
								

Coach feedback:

Event number: 22: 50M FREESTYLE WOMEN 13-14							Heat:4, starttime: 15:40		
Heat: 4/5 Lane : 4 Athlete: DEVUYST OONA							Q-time: 00:29:04		
PB (25m pool): 00:29.04 Brugge 04/10/2026							PB (50m pool): 00:29.43 SB: 00:29.04 Brugge 04/10/2026		
	2 5 M		5 0 M						
PB			00:29.04						
	00:29.04								
									

Coach feedback:

Event number: 24: 200M FREESTYLE WOMEN 15-16							Heat:3, starttime: 16:04	
Heat: 3/4 Lane : 8 Athlete: DEPAEPE ELIZE							Q-time: 02:14:33	
PB (25m pool): 02:14.33 Brugge 04/10/2026				PB (50m pool): 02:14.60 SB: 02:14.33 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.04		01:06.11		01:41.27		02:14.33
	00:31.04		00:35.07		00:35.16		00:33.06	
								

Coach feedback: